

united

DANCE * TUMBLING * PRESCHOOL * FITNESS

Dance & Tumbling Parent Handbook 2023 - 2024

Contact Us!

Office phone number: 385-287-0146

Email: united.contact@uniteddancecenter.com

Studio Location: 1513 N Exchange Drive, Saratoga Springs, Utah 84045

Calendar:

Further information regarding the calendar items below will be emailed out prior to the event.

August 1: Competition Fee Due & August Tuition Due for Competition Dancers

August 14 - 15: Studio Open 10:00 a.m. - 1:00 p.m. Parents & students may purchase shoes and tour the studio

August 16: Classes Begin!

August 25: Adult Fitness Kick off Party "Every Body a Barbie"! 7:00 p.m. Adults - Join us for a fun free workout and giveaways!

September 1: Costume Fees Due for ALL Dancers. (Winter Recital Costume Fee Due for Non Competition Dancers / Competition Dancers Costume Fees Due.)

September 15 - October 15: Spirit Attire Ordering Open! Check out our warm ups, hoodies, t-shirts, tanks, & bags at the studio!

September 4: Labor Day (No Class)

September 8: Competition Team Mandatory Parent Meeting @ Vista Heights Middle School 6:00 - 7:30 p.m.

September 13: Fall Competition Team Pictures & Parent Goal Night @ the Studio

September 15: Competition Team Fall Kick Off Party @ the Studio

September 18 - 23: Dancin' Around the World Week / For the following dance classes only: Preschool, Kindergarten age, Mini Stars Co, Rising Stars Co & Shooting Stars Co

September 29 - 30: Competition Team Epic Convention Weekend

October 13: Friday the 13th Halloween Carnival @ the Studio for all United Families and Friends

October 19 - 23: Fall Break (No Class)

October 24 - 31: Thriller Classes! (For all Dance & Tumbling Students - Wear Halloween costumes to class that you can dance or tumble in.)

October 31: Halloween! Classes that start at 5:00 p.m. or later are cancelled for Halloween night.

November 1: Winter Recital Tickets Pre Sale Begins (\$8.00 per spectator)

November 10: Parents Night Out (Drop your kids off for a fun night at the studio while you get some holiday shopping done!)

November 12 - 18: Princess/Hero Week - For the following dance classes only: Preschool, Kindergarten age, Mini Stars Co, Rising Stars Co, & Shooting Stars Co

November 22 - 25: Thanksgiving Break (No Class)

December 1: Spring Recital Costume Fee Due for Non-Competition Dancers

December 2: Nutcracker Tea Mom & Me Event

December 5 - 6: Dress Rehearsals @ Willow Creek Middle School for all Dance Students.

December 16: Winter Recital @ Willow Creek Middle School

December 22: All Competition Dancers - Rehearsal @ the Studio (Routine Review Day) - Required for all Competition Students

December 22 - January 6: Christmas Break (No Class). Classes Resume January 8th!

January 15: No School Day / Martin Luther King Day (We **WILL** hold class today at regular class times, even though there is no school this day.)

January 22 - 27: Frozen Week / For the following dance classes only: Preschool, Kindergarten age, Mini Stars Co, Rising Stars Co, & Shooting Stars Co.

February 8 - 14: Lovin' Dance & Tumbling Classes (Wear valentines colors to class and bring packaged / wrapped treats to share if they wish. Please no home made items or items that contains nuts.)

February 9: Parents Night Out (Drop you kids off for a fun night at the studio while you celebrate Valentines Day!

February 10: Competition Teams Formations Rehearsal & Parent Preview. Required for ALL Competition Dancers. Specific times will be sent out closer to the event.

February 15 - 17: Adrenaline Convention (Required for Pro Team Dancers. Optional for all other competition students)

February 19: President's Day (We **WILL** hold class today at regular class times, even though there is no school this day.)

March 1: Registration Begins for Summer Camps & Competition Team Audition Packet Available for Spring Auditions

March 8: Competition Team Send Off Party @ Studio

March 15 - 16: Local Competition - Required for ALL Competition Students

March 18 - 23: Encanto Week / For the following dance classes only: Preschool, Kindergarten age, Mini Stars Co, Rising Stars Co, & Shooting Stars Co

March 22: Competition Parent Goal Night @ the Studio

April 1 - 6: Spring Break (No Class)

April 8 - 13: Spring Blossoms Week / For the following dance classes only: Preschool, Kindergarten age, Mini Stars Co, Rising Stars Co, & Shooting Stars Co

April 12 - 13: Local Competition - Required for ALL Competition Students

April 15: Recital Tickets Pre Sale Begins (\$8.00 per spectator)

April 18 - 20: St George Dance Competition. Required for ALL Competition Students

April 24 - 27: Mandatory Spring Picture Day for ALL Dancers and Tumblers

May 3-4: Local Competition - Required for ALL Competition Dancers.

May 9 - 10: Mandatory Dress Rehearsals for All Dancers

May 18: Mandatory Spring Dance Recitals @ Willow Creek Middle School

May 21 - 23: Competition Team Auditions for 2024 - 2025 Year

United Core Values:

Welcome to our United Dance & Tumbling Family! We hope you enjoy dancing and tumbling with us! Our core values are:

U: UNITED provides a strong community among our students, families and staff.

N: United NOURISHES individual growth and confidence.

I: United INSPIRES creativity.

T: United provides an age appropriate and safe environment that you can TRUST.

E: United strives for EXCELLENCE in education and strong foundations.

D: United is DEDICATED to hard work and high standards.

Stay Informed:

Please read this packet and mark your calendar with our important upcoming dates.

Check your email on the 1st of every month! We will send out monthly newsletters with important details for the month.

Follow us on Instagram!

- Dance & Tumbling: @uniteddancecenter
- Fitness: @united_fitness_ut
- Preschool: @united_preschool_center

Studio Policies:

Please pull hair up and wear the correct attire to class. No jewelry (except small earrings). No food, gum or drinks are allowed in the studio except for water. Please have your student bring a water bottle to class and eat prior to arriving!

We want all of our students to enjoy taking class at UNITED. We promise to have positive attitudes and will make class a happy place to be! We work hard in class to achieve strong technique. We ask students to be respectful of teachers and other students, and try their best!

Dance is a group effort. Students should come to class unless they are sick and contagious. Please excuse your student online on our website if they must miss class. Tuition is not lowered if a student misses class and we are not able to offer make up classes.

If a student must withdraw, please let the office know prior to the upcoming month. Tuition will be charged until we receive notice from a parent.

Drop Offs, Pick Ups, and Parking:

At United Dance & Tumbling we ask parents to drop off their students for class time. There are 3 main reasons for this:

#1 - We do not have enough space in hall ways & class rooms for several parents to stay. For the first few classes, parents are welcome to accompany their dancer(s) to their classroom and meet their teachers! If a parent would like to watch class every so often, we do have an open door policy. However, you will need to set up an appointment with the front office 24 hours in advance so that we do not have more than one parent at a time. Other children are not allowed to watch class.

#2 - It is important to us that our students get the very most out of class each week! Students tend to get easily distracted when they have an audience. They also tend to be shy when an unfamiliar face is watching them.

#3 - We have only 21 parking stalls and over 50 students attending classes each hour! We find that when parents drop off and pick up dancers quickly, our parking lot and the inside of the studio runs more smoothly and helps create an orderly feeling for all!

Pick ups and Drop offs: Classes start and end continuously throughout the day! It is very important that parents do not park for more than 5 minutes when dropping off or picking up their student. **Please do not block traffic from entering or exiting the parking lot.** Please **PARK IN A STALL** while you are dropping your student off or picking your student up. This will help traffic flow. Please drive slow and be patient with others in our parking lot. **The first few weeks as everyone figures out the process, will be the busiest of the whole year.**

Students should not be dropped off more than 5 minutes prior to class time! Please also try your best to pick up your student on time. We are not able to supervise students before or after class time.

Preschool-aged dance and tumbling Parents: Please come into the studio to drop off and pick up your child so that we are aware when your child comes and goes. Please drop off and pick up at their studio room door. Try to make your "good-byes" quick! This will help with any separation anxiety that many of these little ones experience. We will call parents if a student has a hard time for more than 10 minutes.

Kindergarten through 3rd grade students will be walked out to the parking lot area with a teacher, and then will come back into the entry way of the studio if no ride has come. Feel free to stand outside and wait for your child near the front doors or at your car.

4th + grade students will NOT be accompanied to the parking lot by a teacher. Please talk with your 4th grade + age students about parking lot safety!

Attire for Class:

Recreational Dance Classes:

- * Clothing: Dancers are welcome to wear any type of dance clothing such as leotards, ballet tights, leggings, tank tops, etc. Ballet skirts are optional and should be thin and short. Please no large tu-tu's.
- * Shoes: Please purchase shoes for class in our studio store. We ask parents to purchase shoes at the studio to ensure the shoes are safe for students on our dance floor.
 - * Ballet Shoes are required for all Preschool Dance Classes, Kindergarten Dance Classes, and Pure Ballet Classes.
 - * Turning Shoes are required for all 1st - 12th Grade classes (except pure ballet classes - these classes wear ballet shoes).
 - * Tennis Shoes of any kind are required for hip hop classes.
- * Hair: Hair must be pulled back for class each week.

Attire for Tumbling Classes:

- * Tumbling students must wear a gymnastics leotard or unitard. Fitted shorts are optional. Hair must be pulled back. Tumbling Unitards & Leotards are available to purchase at the studio store.

Babies Movement Class:

- * Students are welcome to wear any type of clothing that they feel comfortable in. Students will have bare feet for class.

Competition Dancers:

- * Jazz/Contemporary/Lyrical/Tumbling and Jazz/Ballet Combo Classes: Fitted leggings or shorts with a fitted tank top. Turning shoes are required for class. Hair pulled up.
- * Hip Hop: Any comfortable and stretchy dance attire. Tennis shoes required for class. Hair pulled up.
- * Ballet (For ALL teams except Shooting Stars, Rising Stars and Mini Stars): Any color of leotard with pink ballet tights & pink ballet shoes. Dancers should wear their tights on top of their leotard so they can be easily taken on and off quickly between classes. Hair in a bun.
- * Shooting Stars, Rising Stars and Mini Stars: These dancers will have a jazz/ballet combo class and tumbling on the same day. We encourage students to wear a leotard or unitard to class with no tights so we can safely spot them in tumbling. Fitted shorts over a leotard is acceptable.

Payment Information:

All accounts will have fees posted monthly on the 1st (September - May.) August tuition was collected with dance & tumbling registration for all recreational classes.

All accounts are required to be on auto-pay and will be automatically charged for the account balance on the 7th of each month. If a parent prefers to pay with a different method than auto pay, they pay with cash or check from the 1st - 6th of each month. All accounts left with a balance on them as of the 7th of each month will be automatically charged. A \$10.00 late fee is applied after the 7th of each month for accounts left with a balance, unless previous arrangements have been made. No refunds will be given.

We accept cash, check, cards, & ACH transfers. A 3.5% processing fee will be assessed with all card payments. ACH has no processing fee. If you pay with cash or checks please place your payment in one of the following places:

- * Our secure drop box inside, located near the front desk.
- * Through our night drop box, located on the West side of the building. Walk along the right side of the main entry doors on the outside of the building. The drop box is located a few steps away from the front door.
- * Cash must be placed inside of an envelope or baggie. Checks do not need to be in envelopes. Please mark all payments with your dancers name and what type of payment you are making on the envelope or on the memo line. **Please never hand your payment to a UNITED staff member. Your payment will not be misplaced by placing it in a drop-box!**

Access your parent portal here: <https://dancestudio-pro.com/online/united>

Costume Fees & Recital Information:

Recreation Type Classes:

- * Dance Classes: Dancers will perform in two recitals per year. One recital will be held in December and a second recital will be held in May. The Winter Recital Costumes are \$55.00 and is due by September 1st. The Spring Recital Costumes are \$55.00 and is by December 1st.
- * Tumbling Classes: Tumbling students will have an in-class parent preview at the end of each school year season. Tumbling students will not participate in the recital. There is no costume fee for tumbling.

Competition Dancers:

- * See competition packet for all pricing details for costumes, competitions, conventions, etc.

Other Recital Info:

- * We do not charge a "Recital Fee", however we do charge approx. \$8.00 admission for all spectators to help cover the building rental cost. Our recitals are usually held at a local Jr. High School or High School near Saratoga Springs.

Mommas!

Join Us for our Fitness Launch Party!

Every Body a Barbie

Join us for a fun night of mini fitness classes, meet our coaches, giveaways, prizes, permanent jewelry, and more! Don't forget to wear PINK!

Friday, August 25th
 Location: United Dance Center
 Time: 7:00 p.m.



CLASS SCHEDULE

	MON	TUES	WED	THURS	FRI	SAT
6:00 AM	TOTAL BODI HIIT ANGELA	TOTAL BODI STRENGTH KAITLYN	TOTAL BODI BURN ANGELA	FUSE KATELYN	SURGE FIT- ROCHELLE	
8:15 AM	SURGE FIT- MARISSA	SCULPT & TONE ANDREA	BARRELATES SYDNEY	HIGH fitness BETH	SCULPT & TONE ANDREA	
9:30 AM	Club Fit CIARA	CLUB FIT DAYANA/LEXI	HIGH fitness BRENDI	TOTAL BODI STRENGTH ANGELA	SURGE STRENGTH CAMI	ROTATING INSTRUCTORS

Cahoois Kids Fii Camp available from 8:15-10:30 daily.
 Kids ages 1-6 welcome. We will keep your child happy and having fun while you work out.