



UNITED DANCE & TUMBLING CENTER



Summer *Dance* Camps

Girls & Boys Welcome! Register for Multiple Camps Today!

3 & 4 Year Old Dance Camps: 9:15 a.m. - 11:15 a.m. / \$65.00 per camp. Includes 3 Day Camp of dancing, craft time, snack and mini academic lesson.
Attire: Dancers can wear any type of stretchy, fitted, comfortable clothing. Dress ups are welcome! Dance shoes or bare feet. **Students must be potty trained**

5 & 6 Year Old Dance Camps: 10:20 a.m. - 12:20 p.m. / \$65.00 per camp. Includes 3 Day Camp of dancing, craft time, snack and mini academic lesson.
Attire: Dancers can wear any type of stretchy, fitted, comfortable clothing. Dress ups are welcome! Dance shoes or bare feet.

- Under The Sea! * Bubbles, balloons, fish & mermaids *
 - Camp Dates: June 6th, 7th & 8th
- Dancing In a Magic Garden * Flowers, bugs & butterflies *
 - Camp Dates: June 13th, 14th, & 15th
- Nutcracker Ballerina Camp *Tea parties, manners, kindness & friendship *
 - Camp Dates: June 20th, 21st & 22nd
- Dancin' Around the World *Fly away to dance with Mulan, Moana and the Encanto Family! Passports, tickets, airplanes, & cultures *
 - Camp Dates: June 27th, 28th & 29th
- Out of This World * Rainbows, stars, sun, moon, & space. Learn about your inner bright light and learn to shine! *
 - Camp Dates: July 11th, 12th & 13th
- Enchanted Forest * Unicorns, wizards, fairies, & forests *
 - Camp Dates: July 18th, 19th & 20th
- In a Frozen Castle * Dance like Elsa and Anna! Learn about the weather, snowflakes, & seasons *
 - Camp Dates: July 25th, 26th & 27th

7 - 10 Year Old Dance Camps: 12:30 p.m. - 1:30 p.m. / \$75.00 per camp (Includes 6 Day Dance Camp)
Attire: Dancers can wear any type of stretchy, fitted, comfortable clothing for Summer Dance. Dance shoes or bare feet.

- Hip Hop Camp #1
 - June 6th, 7th, 8th, 13th, 14th, & 15th
- Technique Camp
 - June 20th, 21st, 22nd, 27th, 28th & 29th
- Hip Hop Camp #2
 - July 11th, 12th, 13th, 18th, 19th & 20th

Register Online at www.uniteddancecenter.com



UNITED DANCE & TUMBLING CENTER

Summer *Tumbling* Camps

Girls & Boys Welcome!



June - July Tumbling Camps: \$88.00 Tuition (Includes 7 Lessons)

- **Mini Tumblers** (3 & 4 Year Olds) *Students must be potty trained.
 - 9:00 - 10:00 a.m.
 - Thursdays (June 8th - July 27th) **NO CLASS HELD ON THURSDAY, JULY 6th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**
 - Students will work on the following skills: Bridge hold, candlesticks, forward & backward rolls, lunge, lever, lever-handstand, handstands, lunge cartwheel, side cartwheel, spider crawls down wall
- **Beginning Tumbling Option 1:**
 - 9:00 a.m. - 10:00 a.m.
 - Tuesdays (June 6th - July 25th) **NO CLASS HELD ON TUESDAY, JULY 4th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**
 - Students will work on the following skills: Bridge hold, candlesticks, forward & backward rolls, lunge, lever, lever-handstand, handstands, lunge cartwheel, side cartwheel, & spider crawls down wall
- **Beginning Tumbling Option 2:**
 - 10:10 a.m. - 11:10 a.m.
 - Tuesdays (June 6th - July 25th) **NO CLASS HELD ON TUESDAY, JULY 4th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**
 - Students will work on the following skills: Bridge hold, candlesticks, forward & backward rolls, lunge, lever, lever-handstand, handstands, lunge cartwheel, side cartwheel, & spider crawls down wall
- **Beginning Tumbling Option 3:**
 - 10:10 a.m. - 11:10 a.m.
 - Thursdays (June 8th - July 27th) **NO CLASS HELD ON THURSDAY, JULY 6th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**
 - Students will work on the following skills: Bridge hold, candlesticks, forward & backward rolls, lunge, lever, lever-handstand, handstands, lunge cartwheel, side cartwheel, spider crawls down wall
- **Beginning Tumbling Option 4:**
 - 11:15 a.m. - 12:15 p.m.
 - Thursdays (June 8th - July 27th) **NO CLASS HELD ON THURSDAY, JULY 6th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**
 - Students will work on the following skills: Bridge hold, candlesticks, forward & backward rolls, lunge, lever, lever-handstand, handstands, lunge cartwheel, side cartwheel, spider crawls down wall
- **Intermediate Tumbling:**
 - 11:15 a.m. - 12:15 p.m.
 - Tuesdays (June 6th - July 25th) **NO CLASS HELD ON TUESDAY, JULY 4th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**
 - Students will work on the following skills: Full spider crawl, banana backs, bridge from standing, front limber, kick-overs, back walkovers, 3 second handstand, cartwheel to handstand, handstand block, cartwheel back, round-offs, & power hurls
- **Advanced Tumbling:**
 - 12:20 p.m. - 1:20 p.m.
 - Tuesdays (June 6th - July 25th) **NO CLASS HELD ON TUESDAY, JULY 4th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**
 - Students will work on the following skills: Back walkover, front walkover, back handspring, back handspring step out, tumbling sequences, front ariels, side ariels, back tuck, front handspring, tick-tocks, round off back handspring, round off back handspring x2.

Master *Tumbling* Camps

Master Camps: \$65.00 Tuition (Includes 7 Lessons)

- **Kickover Camp:** For beginner & intermediate tumblers (must be able to currently hold a bridge for 15 seconds)
 - 12:30 p.m. - 1:15 p.m. / Thursdays (June 8th - July 27th) **NO CLASS HELD ON THURSDAY, JULY 6th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**
- **Ariel Camp:** For intermediate & advanced tumblers (must have a strong cartwheel)
 - 1:15 p.m. - 2:00 p.m. / Thursdays (June 8th - July 27th) **NO CLASS HELD ON THURSDAY, JULY 6th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**
- **Back Handspring Camp:** For advanced tumblers (must have a straight leg back walkover)
 - 2:00 p.m. - 2:45 p.m. / Thursdays (June 8th - July 27th) **NO CLASS HELD ON THURSDAY, JULY 6th - WE ARE CLOSED THE WEEK OF THE 4TH OF JULY HOLIDAY**

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